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Having Sex, Wanting Intimacy: Why Women Settle For One-Sided Relationships



Having Sex,
Wanting Intimacy
Why Women Settle for One-Sided Relationships
Jill P. Weber



Synopsis

Finding lasting love and intimacy can be difficult for many women. Some end up agreeing to sexual relationships hoping that they may lead to longer, more fulfilling relationships, only to be let down when they don't. Here, Jill Weber explains why women feel forced into a male model of dating that barter sex for the unrealistic hope that it will lead to emotional intimacy. What it leads to for the woman, most often, is disappointment, despair, and impaired self-esteem. "Sextimacy", as Weber terms it, traps women in relationships that are one-sided and lack emotional intimacy. When this happens, women routinely blame themselves instead of realizing they should blame their romantic strategy. This audiobook, in a step-by-step progression, shows a better way to break the cycle and cultivating better relationships. It teaches women how to recognize when they are in a Sextimacy event as opposed to the beginning of a mutually fulfilling relationship that won't leave them racked with morning-after regrets. And it gives clear direction about what women can do to find warm romantic partnerships that serve their needs. Using real stories from women of various ages and stages of life, Weber shows how patterns of behavior may develop that produce a vulnerability to being used. Starting in childhood and proceeding through the crucial teen years, she illustrates the factors that may go into this limited approach to cultivating romantic relationships, and provides clear tips on how to stop. Including a series of self-assessments, the audiobook offers women insight into the patterns that rob them of the opportunities to grow and to fulfill their emotional needs. Anyone struggling to break the cycle of having sex without the attendant intimacy they crave will find in this audio a warm and ready approach to finding love and fulfillment.

Book Information

Audible Audio Edition

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#1124 in Books > Health, Fitness & Dieting > Sexual Health > General #1244 in Books >

Customer Reviews

Found this book to not only be very interesting, but to be quite entertaining and useful, but most importantly I found that this book was very educational and provided in depth insight and examples.

This is a wonderful book. My only complaint is I didn't read it sooner. It would have saved my a lot of relationship hurt, anger and grief. But I did read it and it is making a big difference in the way I see my relationships with the opposite sex! I hope she writes another book on the topic. Thank you Jill!

Bought for a adolescent granddaughter and was instructive although the grade level of the language may be too high.

This book is great! Definitely seemed like I was reading about myself. I believe every woman should read this book! Will definitely refer back to in my future.

This is the first review I have written about any product, but I was compelled to share my thoughts. What an amazing book, a must read in my opinion. Money well spent.

Very good book! I would recommend it for all women!

Great read

Amazing book. It's not just for women on the dating scene, it's for any woman who wants to learn more about herself, and it will also teach her about her daughter(s).

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